PLC Sport Strategic Direction 2013 - 2018

**Purpose**
Presbyterian Ladies’ College is a Uniting Church School committed to an excellent well-rounded educational experience that gives every girl confidence and empowers her to lead a principled life and make an active contribution to the Community.

- **Beneficiary**: Girls educated at PLC
- **Benefit**: Excellent well-rounded educational experience
- **Benefit Performance Indicator**: Student Outcome

**Values**
Integrity (Honour), Learning, Community and Effort

**Vision**
Providing opportunities for generations of girls to discover their uniqueness and have the courage to strive to live by their convictions and realise their potential.

**Strategic Pillars**
- **Students**: Ensure our curricular, co-curricular and pastoral care programs support and enable each member of a diverse student body to achieve her full potential.
- **Staff**: Attract, retain and develop talented staff who are aligned with our values and work hard to achieve the purpose and vision of PLC.
- **Community & External Partnerships**: Positively engage with our local community, educational partners, parents and alumni to encourage and foster mutual respect and valuable opportunities for cooperation.
- **Resources & Infrastructure**: Plan for and maintain sustainable funding that allows us to invest in infrastructure and programs to achieve our goals.

**Co-Curricular Strategy:**
Ensure that co-curricular programs are appropriately defined and resourced to deliver a well-rounded educational experience to incorporate both participation and high performance.


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<thead>
<tr>
<th>PLC Sport Strategic Direction 2013 - 2018</th>
<th>Students</th>
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<tbody>
<tr>
<td><strong>Healthy Lifestyle</strong></td>
<td>Ensuring all PLC girls have the opportunity to participate in a healthy and active lifestyle. Provide alternative activities outside of the IGSSA sports to cater for all students’ interests.</td>
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<tr>
<td><strong>High Performance</strong></td>
<td>Strategic approach to developing a winning culture. School sport performance targets established for students to aspire to. With the overarching target being Top 3 in IGSSA/IPSHA sports.</td>
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<tr>
<td><strong>Sports Excellence Program</strong></td>
<td>Continue to create a premier schooling environment for talented student-athletes by providing an understanding and flexible approach that fosters the individual’s sport potential whilst balancing the demands of school life</td>
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<td><strong>Junior School</strong></td>
<td>Strategic approach into the physical activities offered to ensure Junior School students have a strong foundation to build on before they begin to specialise or narrow their physical activity choices. The focus for students continues to be on participation and skill development. In addition to this greater opportunities for competitive outcomes and personal achievements will be offered.</td>
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<tr>
<td><strong>Middle School</strong></td>
<td>Strategic approach to maximise participation opportunities for students in this age group. This will come from a combination of IGSSA re-form, providing alternative physical activities outside of the IGSSA sports and developing partnerships with outside agencies and schools. An emphasis on ensuring a seamless transition from primary sport, building on the skills and behaviours developed from Junior School.</td>
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<tr>
<td><strong>Senior School</strong></td>
<td>Strategic approach that encourages and supports Senior School students with balancing academic, PLC sport and physical fitness. Through leadership students will be encouraged to participate with a purpose and always pursue personal excellence. The students are aware of and are committed to working towards achieving the Schools performance targets and exhibiting the required behaviours.</td>
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**Staff**

**PE**
Ensuring adequate professional learning for staff on best practice sport specific skills and strategies.

**Coaches and Officials**
Sourcing and retaining the highest quality of coaches and mentors available for each sport. Providing a pathway for student and old girl coaches.

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**Community & External Partnerships**

**Sport Promotion**
Re-vamp the sport section on the PLC web page. Clearly outline what PLC Sport stands for and actively encourage prospective student-athletes to enrol at PLC. Improve communication channels for students, staff and parents in terms of the day to day running of PLC Sport.

**International Events**
Explore opportunities outside of the IGSSA/IPSFA system including international sports tours, national school competitions and alternative club or school-based competitions.

**Friends of Sport/Argyle Club**
Engage in a successful partnership with parents in our quest to achieve our performance targets and assistance with promoting a healthy and active lifestyle for the PLC community.

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**Resources & Infrastructure**

**PLC Community Fitness Centre**
Undertake the building/re-location of a larger fitness centre with high quality equipment that will serve students, staff and the wider PLC community.

**Transport and Facilities**
Exploring ways to minimise the cost and inconvenience of travel for school sport. Continuing to maintain and build top quality sporting facilities. Secure shared resources within the community to support the sports

**Technology**
Pursue a best practice approach to integrating technology within the sports program to improve performance and communication with key stakeholders.

**Fitness Assessments**
Explore contemporary external and internal ways of measuring, recording, tracking and reporting students general fitness.